

15. **Availability** (1 Corinthians 7:3-5)

- | | Yes | No |
|--|--------------------------|--------------------------|
| a. Am I willing to adjust my schedule to meet my husband's desires? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Am I willing to offer physical love to my husband, regardless of my personal feelings or desires? | <input type="checkbox"/> | <input type="checkbox"/> |

Personal Evaluation for Wives

1. **Commitment** (Matthew 19:5-6)

- | | Yes | No |
|---|--------------------------|--------------------------|
| a. Am I committed to stay married, regardless of my feelings or other circumstances, until we are separated by death? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Does my husband know that I will never divorce him for any reason? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Next to my relationship with God, is my relationship with my husband the highest priority of my life? | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Do I pray faithfully for my husband? | <input type="checkbox"/> | <input type="checkbox"/> |

2. **Serving** (Galatians 5:13)

- | | | |
|---|--------------------------|--------------------------|
| a. Do I put my husband's needs and desires ahead of my own? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Do I look for creative ways to please my husband? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Am I content to serve, even when my husband doesn't seem to notice or appreciate my efforts? | <input type="checkbox"/> | <input type="checkbox"/> |

3. **Yielding Rights** (Philippians 2:5-8)

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|---|--------------------------|--------------------------|
| a. Have I yielded all my expectations concerning my husband to God? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Do I trust God alone to meet all of my physical, emotional, and spiritual needs? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Have I yielded to God my "right" to my own time and independence? | <input type="checkbox"/> | <input type="checkbox"/> |

4. **Submission** (Ephesians 5:22-24)

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|---|--------------------------|--------------------------|
| a. Do I willingly yield to my husband's authority in all things? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Do I communicate an <i>attitude</i> of submission, as well as <i>submitive actions</i> ? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Do I seek my husband's counsel rather than acting independently? | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Am I teaching our children, by my example and words, to honor and obey their father? | <input type="checkbox"/> | <input type="checkbox"/> |

- | | Yes | No | Yes | No |
|---|--------------------------|--------------------------|-----|----|
| 5. Forgiveness (Colossians 3:13) | | | | |
| a. Do I seek to resolve each conflict or misunderstanding as soon as possible? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Am I quick to forgive my husband for his failures, offenses, or insensitivities? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| c. Do I refuse to bring up the past or to hold past failures against my husband? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 6. Humility (Philippians 2:3) | | | | |
| a. Am I quick to admit when I am wrong? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Am I content to not have the last word? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| c. Am I willing to relinquish my "right" to be understood or to prove my point? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 7. Patience (1 Corinthians 13:4) | | | | |
| a. Do I respond graciously to interruptions and irritations? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Am I willing to overlook obvious imperfections in my husband? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 8. Sensitivity (Titus 2:5) | | | | |
| a. Am I sensitive to my husband's occasional desire to be alone or undisturbed? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Am I sensitive to the best times to tell my husband negative news or to offer suggestions or constructive criticism? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 9. Purity (Ephesians 5:3-4) | | | | |
| a. Do I keep my mind free from books, magazines, or entertainment that could stimulate fantasizing or thoughts that are not morally pure? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Do I dress modestly, drawing attention to the inner life of Christ rather than to my physical appearance? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 10. Communication (Ephesians 4:25, 29) | | | | |
| a. Do I always tell my husband the truth? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Do I avoid sarcasm, hurtful remarks, and public criticism of my husband? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| c. Do I speak words of encouragement and admiration to my husband? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| d. Do I discipline myself not to interrupt or contradict when my husband is talking? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 11. Kindness (Ephesians 4:32) | | | | |
| a. Do I treat my husband as graciously as I would a guest? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Do I go out of my way to perform special acts of kindness for my husband? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 12. Gratitude (Proverbs 31:26) | | | | |
| a. Do I regularly express appreciation for the sacrifices my husband makes to provide for our family? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Do I praise my husband for spiritual, Christ-like qualities in his life? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 13. Loyalty (1 Corinthians 13:7) | | | | |
| a. Do I speak positively of my husband to others? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Do I focus on my husband's successes and positive traits rather than his weaknesses and failures? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| c. Do I hold in confidence personal matters that my husband shares with me? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| 14. Acceptance (Romans 15:7) | | | | |
| a. Do I love, accept, and admire my husband as he is? | <input type="checkbox"/> | <input type="checkbox"/> | | |
| b. Does my husband feel that he has the freedom to fail, without fear of criticism or rejection? | <input type="checkbox"/> | <input type="checkbox"/> | | |